

# Senior Living

Garfield County is a great place for seniors to live and enjoy their golden years. With a variety of living options and county programs, such as Well & Wise, the county is focused on keeping its seniors healthy, happy, and actively engaged in their community of choice.

The county has a senior nutrition program that provides hot nutritious meals to seniors over 60 and their spouses. Each meal provides at least one-third of the adult daily recommended dietary intake and seniors are encouraged to pay as they are able. The program also supports socialization and is a referral system for information about senior issues and activities in the various communities throughout Garfield County. Other services provided by the county include a Senior Equipment and Service Program, a Caregiver Support Program, and the Northwest Colorado Options for Long Term Care. Garfield County Senior Programs publishes a monthly newsletter, so that seniors can stay well connected and engaged with their community. Additional senior services within the county include a Meals on Wheels program, a variety of home health services and hospice by private entities.

## SENIOR CENTERS

With a rapidly growing senior population in the County, several centers are available for social engagement and resources. In Glenwood Springs, the Lucy Huntley Senior Center is located at Colorado Mountain College. In Silt, the fire station provides a meeting space and a senior lunch program. The Rifle Senior Center also provides a social space, as well as a senior lunch program, as does the Valley Senior Center in Parachute, and the Senior Matters space at the 3rd Street Center in Carbondale.



# LIVING FACILITIES

Various options exist throughout the county for senior living facilities, ranging from independent care facilities to nursing home facilities.

Senior housing facility	Type	Location
HERITAGE PARK ASSISTED LIVING AND CARE CENTER	Assisted/Nursing	Carbondale
CRYSTAL MEADOWS SENIOR HOUSING*	Senior	Carbondale
HARMONY HOUSE ASSISTED LIVING	Assisted	Glenwood Springs
OPEN GATE RESIDENCE	Assisted	Glenwood Springs
SUNNYSIDE RETIREMENT CENTER*	Senior	Glenwood Springs
CREEKSIDE ASSISTED LIVING	Assisted	Glenwood Springs
GRACE HEALTH CARE OF GLENWOOD SPRINGS	Nursing	Glenwood Springs
THE MANORS (MANOR 1 AND MANOR 11)	Independent	Glenwood Springs
CASTLE VALLEY RANCH SENIOR HOUSING*	Senior	New Castle
SILT SENIOR HOUSING (GC HOUSING AUTHORITY)	Senior	Silt
RIFLE HOUSING AUTHORITY	Senior	Rifle
CHATEAU AT RIFLE	Assisted	Rifle
E. DENE MOORE CARE CENTER	Nursing	Rifle
VETERANS COMMUNITY LIVING CENTER	Nursing	Rifle
MESA VISTA ASSISTED LIVING RESIDENCE	Assisted	Parachute
VALLEY SENIOR HOUSING (GC HOUSING AUTHORITY)	Senior	Parachute

\*part of the senior program

## TRANSPORTATION

Seniors and disabled individuals unable to use regular Roaring Fork Transportation Authority (RFTA) bus service may be eligible for Americans with Disabilities Act (ADA) Paratransit service within the city limits of Aspen, Glenwood Spring and throughout Garfield County. This program is provided under the guidelines ADA. This program is open to those persons unable to board, ride or exit a wheelchair lift equipped bus, and persons whose disability does not allow them to travel to and from the stop.

RFTA and the City of Glenwood Springs provide complementary paratransit service for passengers with disabilities to individuals that reside within 3/4 of a mile of the "Ride Glenwood" fixed-route bus service within Glenwood Springs. Similar ADA Complementary

Paratransit service is provided for individuals that are unable to access the Carbondale Circulator within the Town of Carbondale due to a documented temporary or permanent disability.

The Traveler provides accessible transportation to those over the age of sixty-five and for persons with a disability in designated areas of Garfield County. Based in Glenwood Springs and Rifle, the Traveler serves qualified individuals within the following Garfield County service area parameters: a five-mile radius from Interstate 70 between Parachute and Glenwood Springs, and a five-mile radius from Highway 82 between Glenwood Springs and Carbondale. To help support its operation, the Traveler requests voluntary donations for the services it provides.