

# Nurturing Parenting Philosophy and practices

**FREE**

Begins Wednesday,  
February 3rd, 2016

**WHEN:**  
Wednesdays,  
5:30 - 8 pm,  
for 15 weeks,  
no classes during  
the holiday's.

**WHERE:**  
195 W. 14<sup>th</sup> Street  
Building B

For more information please contact:

Kappe Stutsman  
Phone: (970) 625-5282, ext. 3109  
Email: [kstutsman@garfield-county.com](mailto:kstutsman@garfield-county.com)



Nurturing parenting classes for building healthy and caring families.

- Family morals, values, and rules
- Praising children and their behaviors
- Discipline and rewards
- Owning and communicating feelings

A workshop, in Rifle, to help you and your family learn about the philosophy and practices of Nurturing Parenting.

Classes are free.

Meals and child care are provided.

Please contact us to reserve a seat!

