



## COMMUNITY GARDENS THAT GIVE BACK



**ABUNDANCE GARDEN IN PARACHUTE**  
900 pounds of produce harvested and distributed from June-August. 62 people in need received produce from the garden.



**NEW CASTLE COMMUNITY GARDEN**  
125 pounds of produce harvested and distributed from June-August. 200 people in need, including seniors in the Garfield County Senior Nutrition Program received produce from the garden.

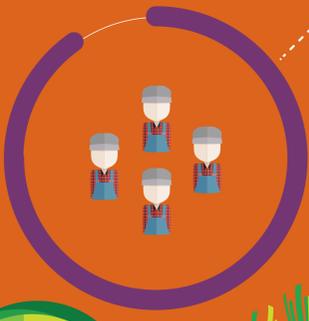


**MANCINELLI'S CHILDREN'S LEARNING GARDEN IN RIFLE**  
1000 pounds of produce harvested and distributed to 30 families in need from August-October. 78 kids participated in a program teaching gardening and healthy eating habits.



**SILT LIBRARY LEARNING GARDEN**  
40 kids and adults participated in planting and watering of the gardens. 278 kids attended story time and learned about the gardens from July-August.

90%



## THE GLEANING PROJECT

90% increase in LIFT-UP fresh produce donations from July-August

Over 8,000 pounds of produce gleaned from July-October and distributed through LIFT-UP and the Garfield County Senior Nutrition Program.

150 pounds of produce donated by the Glenwood Community Gardens

LiveWell Garfield County partnered with LIFT-UP, Garfield County Nutritional Services and 4 farmers markets throughout the county on the Gleaning Project. Community members were encouraged to bring produce that would otherwise go to waste to farmers market drop sites each week where LIFT-UP volunteers and staff collected produce.



## SCHOOL FOOD IMPROVEMENT



### Garfield School District No. Re-2 Lunch Recipe Overhaul

With a mini grant, the No. Re-2 Food Services Department worked with nutrition staff from Grand River Health to create better tasting and healthier lunch items. The new recipes were sampled at Back to School night in August and anonymous input was collected. The responses were overwhelmingly positive and the recipes were implemented at the schools.



## MINI GRANT PROGRAM



LiveWell Garfield County awarded a total of \$39,925 in 2014 through the mini grant program. Fourteen different programs and projects that aim to improve upon healthy eating and active living throughout the county were awarded funding:

- Garfield School District No. Re-2** Lunch Recipe Overhaul
- Fat City Farmers:** Silt Library Branch Learning Garden
- Rifle Farmers Market:** The Lemonade Project, which provides matching benefits for Supplemental Nutrition Assistance Program (SNAP) recipients to shop at the farmers market for fruits and veggies.
- Grand Valley United Methodist Church:** Abundance Garden
- Town of New Castle:** River Center Community Garden
- Growing Food Forward:** Mancinelli's Children's Learning Garden

- Clean Energy Economy for the Region (CLEER):** Bike/Walk to School Week 2015
- Family Visitor Programs:** Eating Smart, Being Active Program
- City of Rifle:** Rifle Creek Trail connection
- LIFT-UP:** refrigeration unit for the Carbondale location
- RFTA:** Regional Travel Patterns Study and bike/pedestrian route planning
- Roaring Fork Outdoor Volunteers:** Young Stewards Initiative
- Grand River Health:** greenhouse equipment to grow produce year-round
- Garfield School District No. Re-2** healthy cooking classes for all staff

## 'FED UP' COMMUNITY DISCUSSION

Over 200 people attended the screening and community discussion in Rifle, CO. Several community sponsors and local health expert panelists came together to bring exposure not only to LiveWell Garfield County, but also to the harsh reality of the American obesity epidemic. Community members are getting their PTA groups involved, volunteering with LiveWell Garfield Coalition member organizations, and circulating a petition to get a salad bar at one of the local grocery stores.

## PARTNERSHIP DEVELOPMENT

- City of Glenwood Springs
- City of Rifle
- Town of Carbondale
- Town of New Castle
- Town of Parachute
- Town of Silt
- RFTA
- Garfield School District No. Re-1
- Garfield School District No. Re-2
- Garfield County School District 16
- Grand River Health

- Mountain Family Health Centers
- Grand Valley United Methodist Church
- Clean Energy Economy for the Region (CLEER)
- Roaring Fork Family Resource Center
- ACCESS Roaring Fork
- Growing Food Forward
- Rifle Growing Community
- LIFT-UP
- Garfield County Libraries
- Fat City Farmers
- Roaring Fork Food Policy Council

- Valley View Hospital
- Family Visitor Programs
- Hispanic Alliance Colorado
- Rifle Moms for Moms
- Garfield County Human Services
- Garfield County Public Health
- Cooking Matters
- Alpine Bank
- MasterMinds 4 Wellness
- Eagle Springs Organic
- Bookcliff Conservation District

- Colorado State University Extension
- Colorado Action for Healthy Kids
- Valley Settlement Project
- Hunger Free Colorado
- Sonoran Institute
- Colorado Food Rescue Alliance
- Colorado Mountain College
- Aspen Community Foundation