

ANNUAL REPORT 2015

Garfield County Public Health

Better Health, Better You



From the Public Health Director...

Public Health is population health. We look beyond the health of a single person. We promote healthy communities.

Our goal is to keep you from ending up in the doctor's office. We know the things that affect health happen mostly outside the doctor's office- in homes, schools, worksites, and neighborhoods.

Health starts where people live, work and play. So that's where we focus our work.



MISSION

**Garfield County Public Health
Department-
working to promote health and
prevent disease.**

STANDARDS

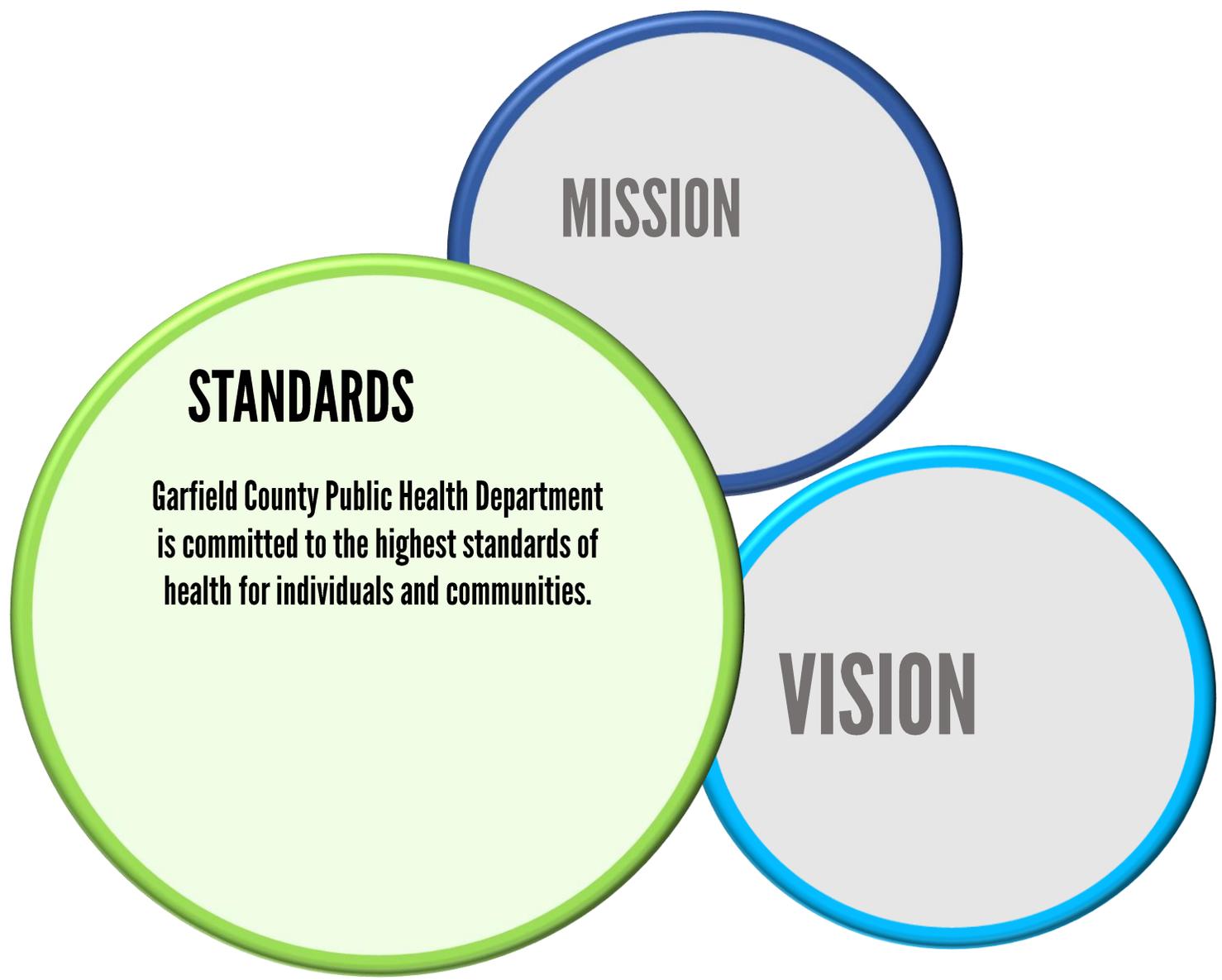
VISION

MISSION

STANDARDS

VISION

Our vision is that residents of Garfield County have access to resources that promote optimal health, safety, and well-being.



MISSION

STANDARDS

Garfield County Public Health Department
is committed to the highest standards of
health for individuals and communities.

VISION

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Health in Garfield County



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Health in Garfield County

What Garfield County Public Health is
Doing in Our Community

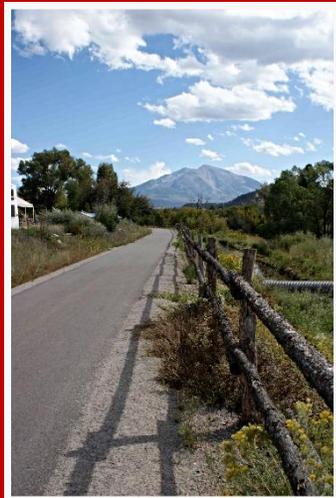


Improving Food Choices for Better Nutrition



- Healthy Foods and Beverages group examines food offerings at vending machines and concessions in public locations
- Emphasis on implementing policies that promote purchasing and supplying healthier food options for consumers

Providing Options for Physical Activity by Improving the Built Environment



- The design of cities and towns can help residents become more active and lead healthier lives
- The Built Environment work-group works with municipalities to adopt strategies focused on improved access to active living
- Increase walking/bike paths, smart growth/smart development, access to parks and open spaces

Workplace Well-Being Programs for Healthier Communities



- By promoting healthy choices at work, employers can provide the access, opportunity, support and encouragement needed for workers to actively participate in improving their personal health, as well as an organization's fiscal health

For every **1** dollar spent by employers in workplace wellness programs, there was an average savings of **MORE THAN 3 DOLLARS**

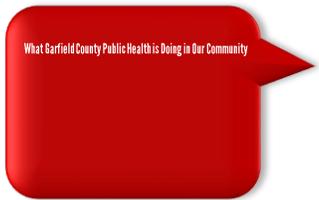


- Garfield County is partnering with local employers to develop low, to no-cost personnel and workplace policies that make a real impact

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Health Promotion

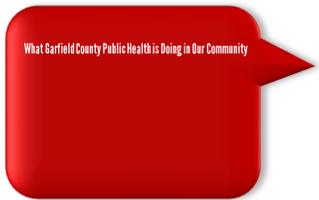


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Health in Garfield County

The Gleaning Project

132%

Increase in produce gleaned
and redistributed



- 276 lunches distributed on Fridays in the Re-2 School District since November 2015
- \$40,000 in mini-grant funding distributed throughout the county
- Partnering with schools to support School Wellness Plans
- LiveWell HEAL Cities
- 20,000 pounds of food distributed to LIFT-UP charity and the Senior Nutrition Program



COOKING MATTERS



SHARE OUR STRENGTH'S
**COOKING
MATTERS**[®]
NO KID HUNGRY

- Launched local Cooking Matters Program
- 163 participants – teaching tips and tricks for grocery shopping and eating healthy on a budget
- Offered 6-week courses on healthy eating with hands-on experience preparing healthy meals in a kitchen

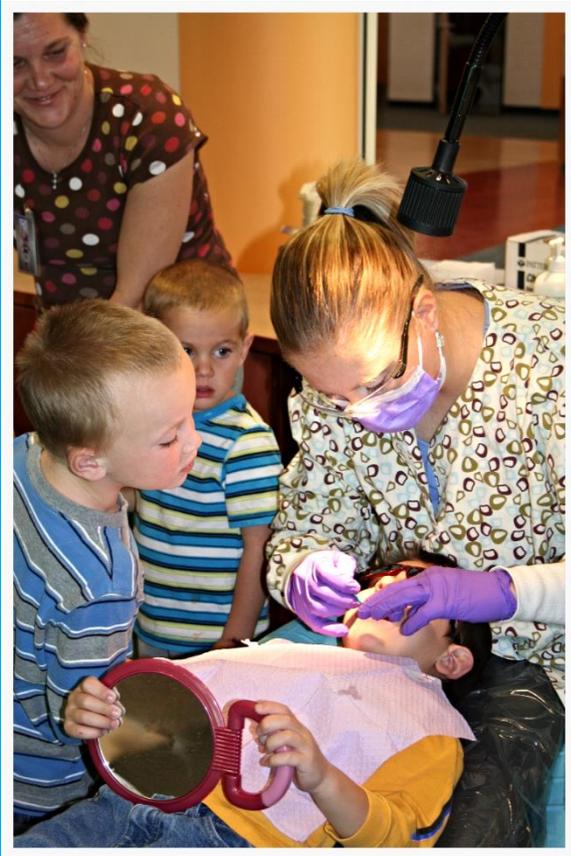
WIC

WIC provides
nutritious
supplemental
foods



- 633 new families joined the program
- 1,100 families actively managed by WIC staff
- Peer-led breastfeeding counseling through NEW texting program
- WIC Director, Christine Singleton-Dolan appointed rural representative to the National Advisory Council on Maternal, Infant, and Fetal Nutrition
- Provide vouchers for fresh produce at local farmers markets

SMILES for Students - Mobile Program

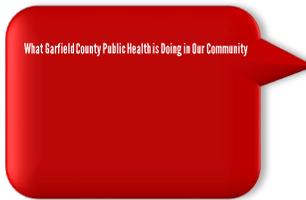


- 🦷 22 Schools
- 🦷 1,477 students served
- 🦷 3,628 dental sealants provided
- 🦷 830 cavities identified
- 🦷 350 students referred for follow-up care

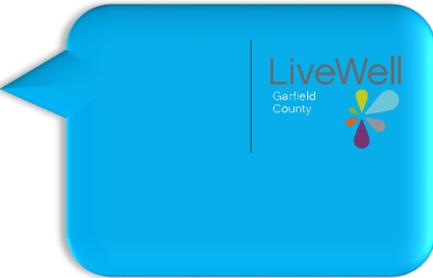
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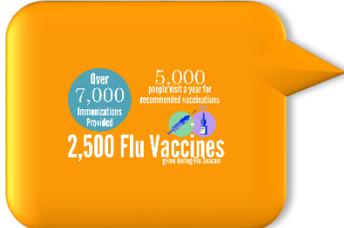
Disease Prevention



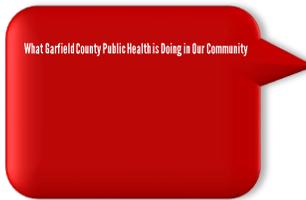
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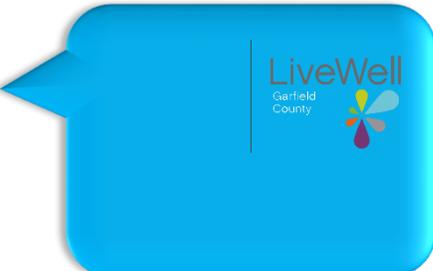
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Health Promotion



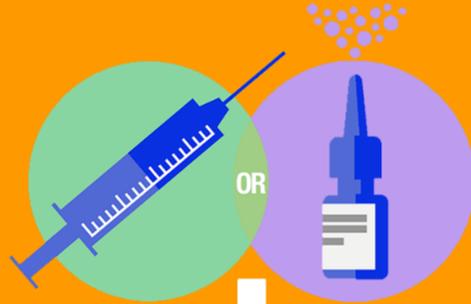
Disease Prevention



Health in Garfield County

Over
7,000
Immunizations
Provided

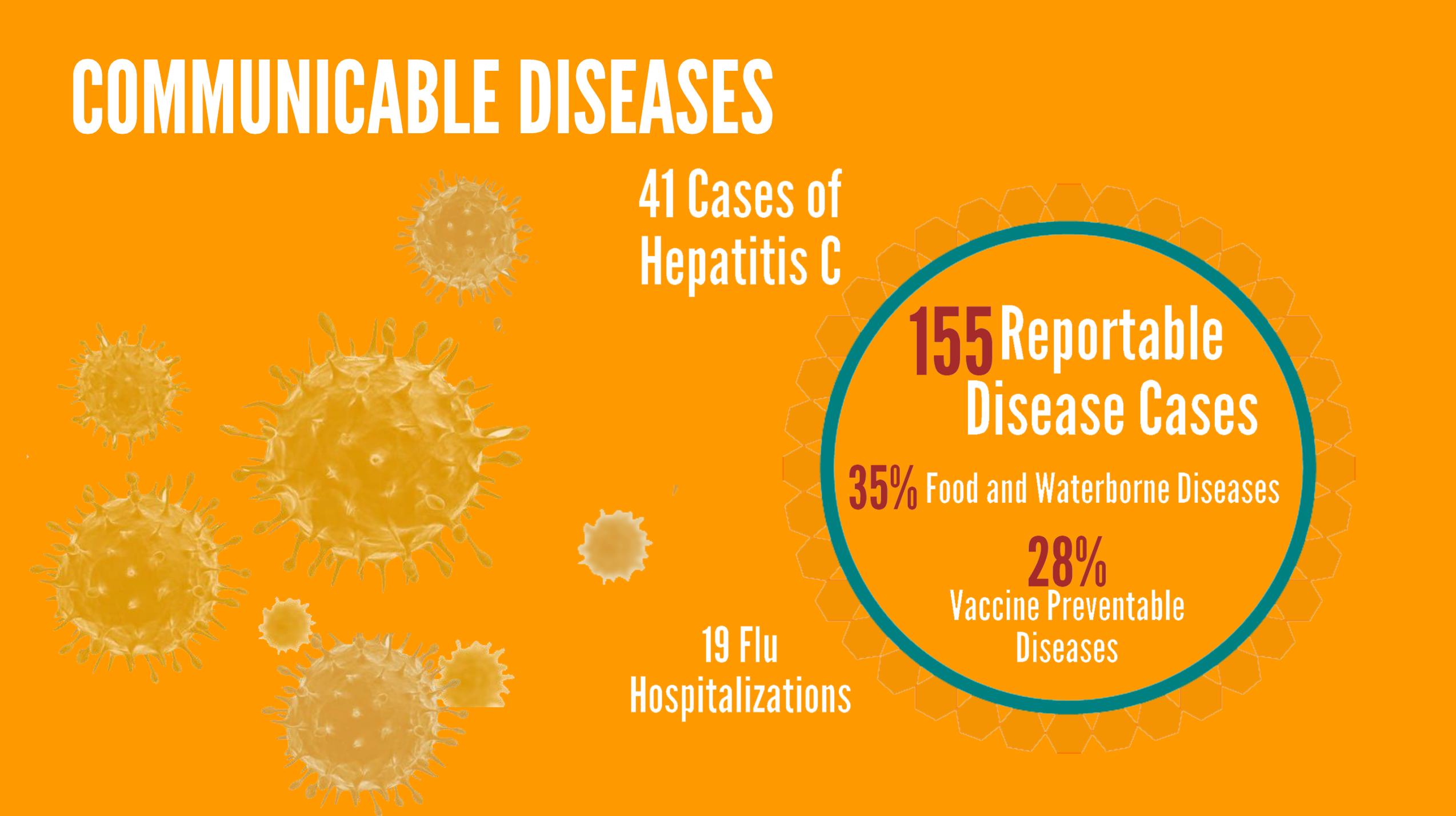
5,000
people visit a year for
recommended vaccinations



2,500 Flu Vaccines
given during Flu Season



COMMUNICABLE DISEASES



41 Cases of
Hepatitis C

19 Flu
Hospitalizations

155 Reportable
Disease Cases

35% Food and Waterborne Diseases

28%
Vaccine Preventable
Diseases

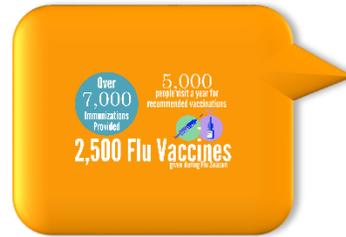


**300 Travel
Consultations**

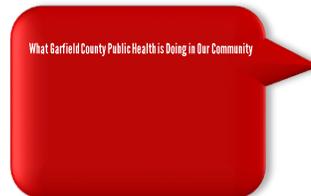
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Injury Prevention



Health Promotion



Disease Prevention



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Injury Prevention



Disease Prevention

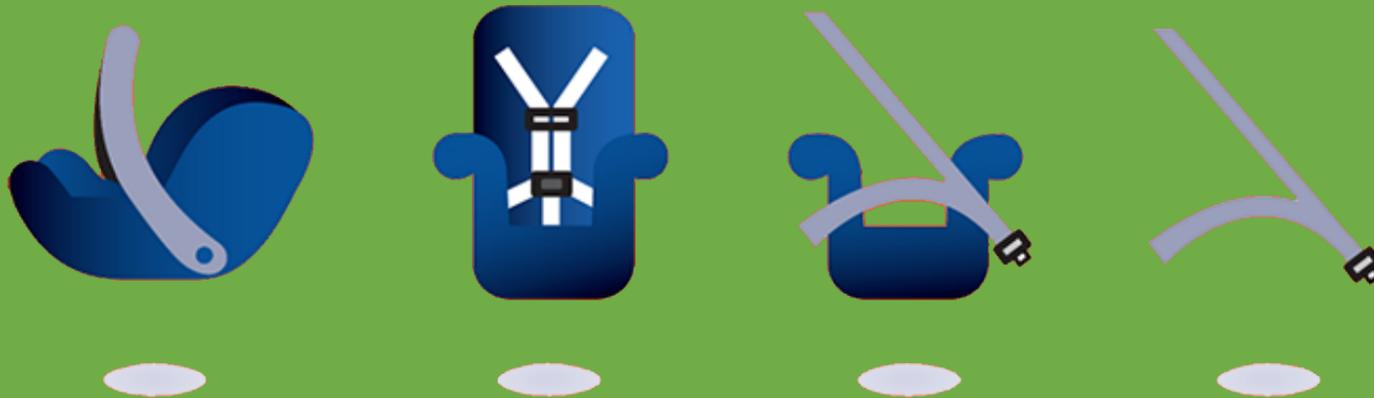
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CHILD PASSENGER SAFETY

Over 100 seats inspected by our Certified Car Seat Technicians



Car Seats, Boosters, and Seat Belts can reduce the risk of death:

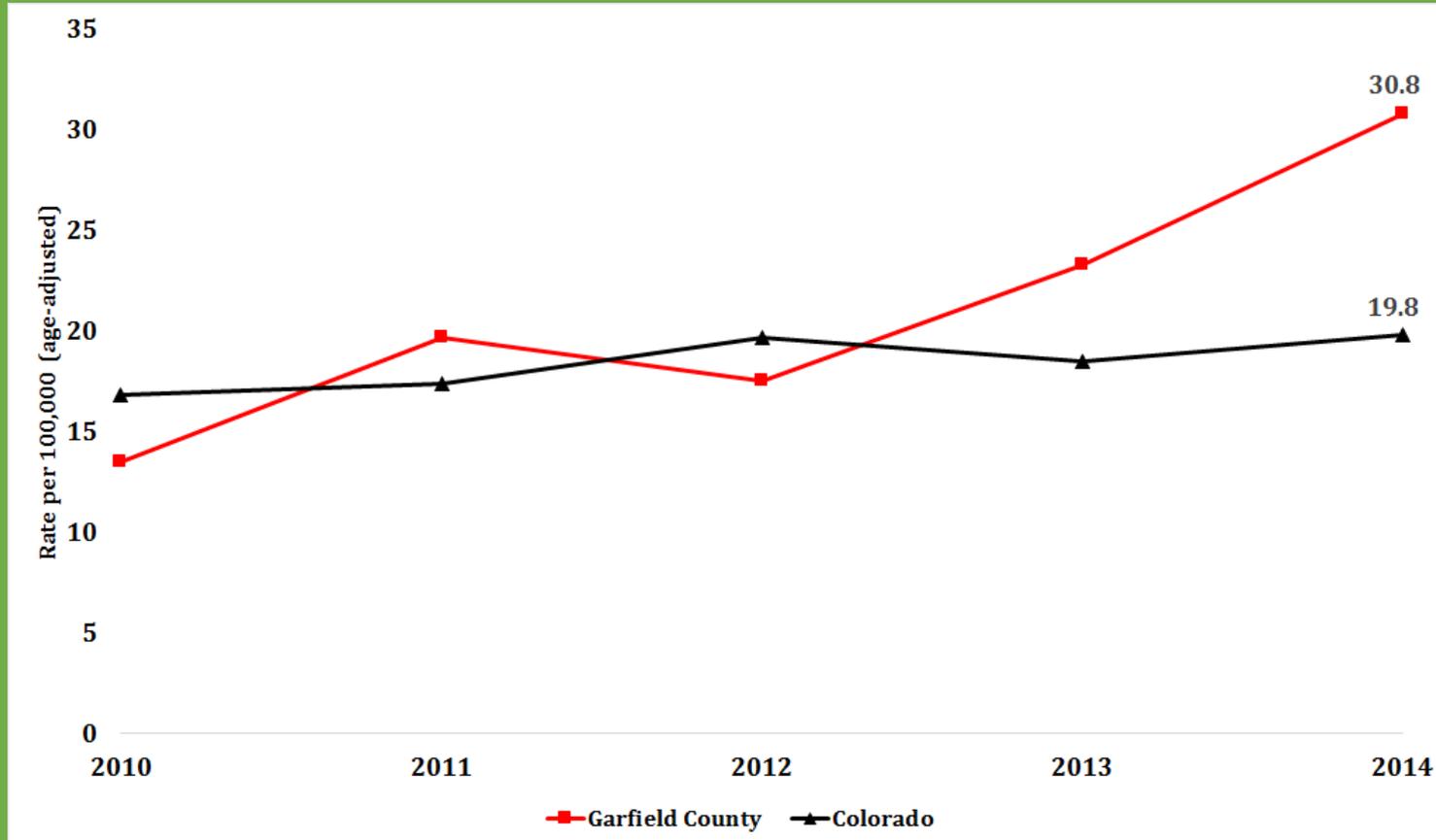
Infants (age <1) by 71%

Toddlers (age 1-4) by 54%

Children (age 4-8) by 45%

Older Children and Adults by 50%

SUICIDE PREVENTION



- 2014 had the highest rate of suicide in the last 5 years
- 4th leading cause of death in the county
- 6 new Suicide Awareness Trainers

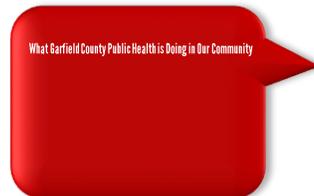
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Injury Prevention



Health Promotion



Environmental Health

Disease Prevention

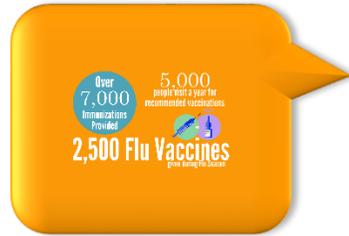
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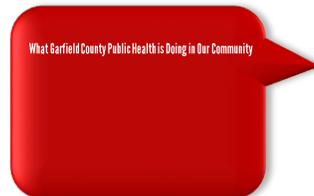
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Injury Prevention



Health Promotion



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Environmental Health

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CONSUMER PROTECTION PROGRAM



- Launched local consumer protection program
- Educate and inspect retail food establishments, child care centers, and schools
- Ensure proper guidelines and health codes are followed to ensure public health and safety

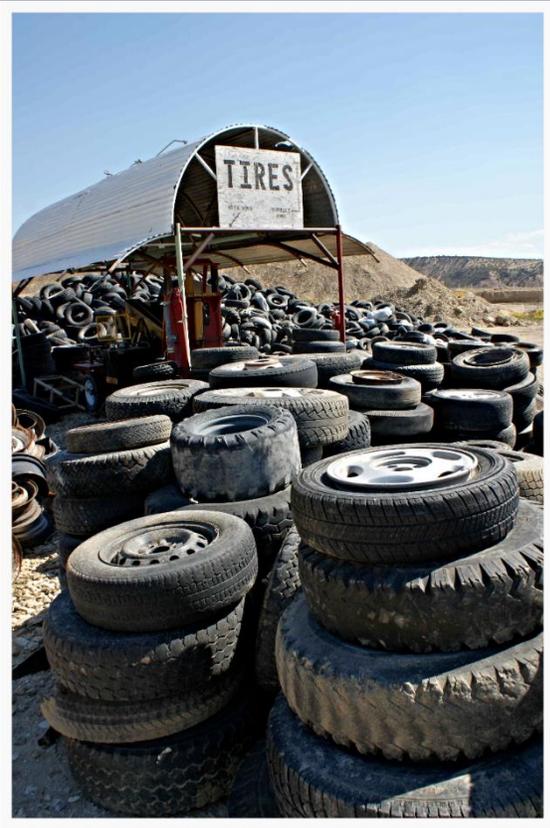


AIR QUALITY MONITORING



- Completed 2008-2012 Health Risk Assessment with the Colorado Department of Public Health and Environment on local volatile organic compound (VOC) data
- Decrease in VOC's and potential for cancer risk and non-cancer risk from air monitoring samples
- Real-time air quality information available online
- Air quality education and outreach tours of mobile air monitoring stations

WASTE TIRE PROGRAM



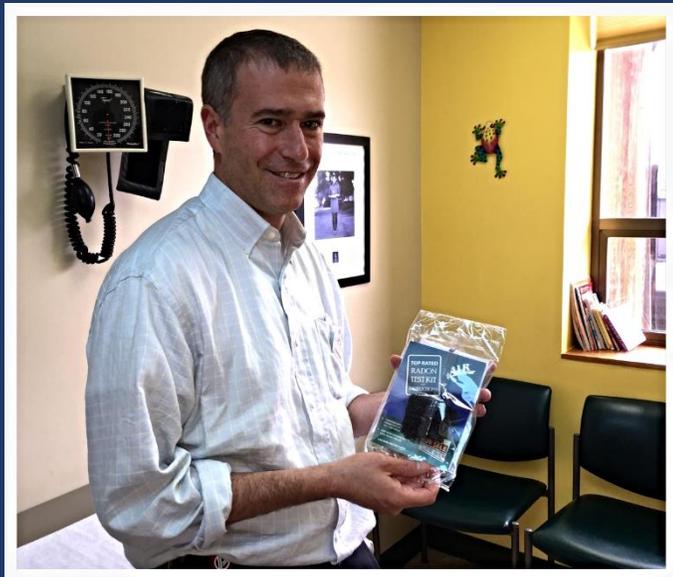
- Launched program to inspect facilities that hold used tires
- Ensure compliance around storage and proper disposal



RADON TESTING



- Over 100 homes tested for radon gas
- Partnered with Pediatric Partners physician's to increase number of homes testing for radon





WATER QUALITY

- Work with municipalities in Garfield County on implementation phase of their Source Water Protection Plans
- Promote watershed health, stewardship, and collaboration among diverse stakeholders for water quality, quantity, community and economic well being
- Work with Middle Colorado Watershed Council to evaluate, protect, and enhance health of middle Colorado river watershed



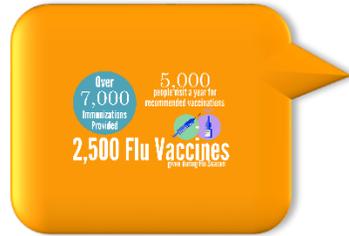
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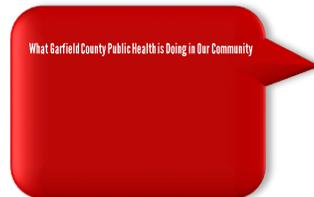
Injury Prevention

Environmental Health



Health Promotion

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**THANK YOU FOR VIEWING OUR
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